

Fresh Brew

COFFEE - 4 | ESPRESSO - 5
 CHAI LATTE - 8 | DOUBLE ESPRESSO - 8
 CAPPUCCINO - 6 | HERBAL TEA - 4
 GHIRARDELLI HOT CHOCOLATE - 5

Smoothie

CUCUMBER SKIN REPAIR - 12
 avocado | cucumber | ginger
 apple | spinach | lime

ANTIOXIDANT & ENERGY - 12
 blueberries | green tea | banana
 yogurt | almond milk

ADD ON - 3

wey protien 25 g | creatine 10 g | collagen 20 g

Juice

ORANGE | GRAPEFRUIT | APPLE - 7

Fresh Pressed Juice

EVERYTHING GREEN - 13
 kale | apple | celery | parsley
 cucumber | spinach

BEET DETOX - 13
 ginger | green apple | red beets | kale

IMMUNITY ELIXIR SHOT - 5
 green juice | pineapple | cayenne | garlic

The Lighter Side

AVOCADO TARTINE - 18
 sourdough bread | georgia olive oil
 tomato | poached egg | toasted benne seed
 pickled shallots | balsamic

STEEL CUT OATMEAL - 14
 berries | raisins | brown sugar

OCTAGON CONTINENTAL - 21
 bruléed grapefruit | tupelo honey yogurt
 everything green juice | bran muffin

EGG WHITE FRITTATA - 23
 seasonal vegetables | goat cheese
 arugula | fennel

ROASTED VEGETABLE HASH - 23
 crispy kale | heirloom carrots
 onions | broccolini | harissa | crème fraîche
 served with two eggs any style



OCTAGON

Specialties

SMOKED SALMON BAGEL - 18
 herb cream cheese | pickled shallots
 capers | egg | cucumber

EGGS YOUR WAY - 21
 choice of breakfast meat & toast
 choice of breakfast potatoes, grits, or fruit

THREE EGG OMELET - 25
 bacon | ham | smoked salmon | mushrooms
 onions | peppers | spinach | tomato | cheddar
 goat cheese | choice of toast
 choice of breakfast potatoes, grits, or fruit

SWEET CREAM PANCAKES - 18
 strawberry rhubarb & chia compote | crispy granola

BOURBON MILK JAM
 FRENCH TOAST - 20
 vanilla bean | bruléed banana | pecans

FARM FRESH EGG SANDWICH - 21
 house made sourdough | nueske canadian bacon |
 cheddar | baby kale | avocado |
 pickled fresno chile



Ands

greek yogurt - 5 | fruit cup - 7 | seasonal berries - 9
 bagel & cream cheese - 6 | breakfast potatoes - 8
 cracked rice grits - 8 | turkey bacon - 9
 breakfast sausage links - 8 |
 applewood smoked bacon - 8
 chicken apple sausage links - 8
 bruléed grapefruit and luxardo cherry - 8

Vegan, Dairy Free, Soy Free and Gluten Free options available.
 Please ask your server for details.

*Contains ingredients that are raw or undercooked.
 Consuming raw or undercooked meats, poultry, seafood, shellfish,
 or eggs may increase your risk of foodborne illness.