

PALMETTO BLUFF

DISCOVERY: Weekly Activities for Exploring the Bluff



MONDAY, MAY 14

7:30 a.m. - 8:30 a.m. - Spinning
9:00 a.m. - 10:00 a.m. - Spinning
*9:00 a.m. - 11:00 a.m. - Kids on the Green
*10:00 a.m. - 12:00 p.m. - May River Kayak Tour
*10:00 a.m. - 3:00 p.m. - Hilton Head Island Water Shuttle
11:00 a.m. - 12:00 p.m. - Pilates Body Sculpt
*11:00 a.m. - 11:45 a.m. - Palmetto Bluff Water Trail Cruise
*2:00 p.m. - 4:00 p.m. - Dolphin Eco Tour
2:00 p.m. - 2:30 p.m. - Intro to Bocce
4:00 p.m. - 5:00 p.m. - Corn Toss

TUESDAY, MAY 15

9:00 a.m. - 10:15 a.m. - Yoga
*10:00 a.m. - 3:00 p.m. - Hilton Head Island Water Shuttle
*11:00 a.m. - 11:45 a.m. - Palmetto Bluff Water Trail Cruise
*1:00 p.m. - 4:00 p.m. - May River Boat Cruise & Bluffton Tour
2:00 p.m. - 3:00 p.m. - Intro to Rowing

WEDNESDAY, MAY 16

7:30 a.m. - 8:30 a.m. - Spinning
9:00 a.m. - 10:00 a.m. - Spinning
*10:00 a.m. - 12:00 p.m. - May River Kayak Tour
*10:00 a.m. - 3:00 p.m. - Hilton Head Island Water Shuttle
*11:00 a.m. - 11:45 a.m. - Palmetto Bluff Water Trail Cruise
*2:00 p.m. - 4:00 p.m. - Dolphin Eco Tour

THURSDAY, MAY 17

9:00 a.m. - 10:15 a.m. - Yoga
*9:00 a.m. - 1:00 p.m. - "The Outback"
*10:00 a.m. - 3:00 p.m. - Hilton Head Island Water Shuttle
*11:00 a.m. - 11:45 a.m. - Palmetto Bluff Water Trail Cruise
*1:30 p.m. - 3:00 p.m. - May River Motor Yacht Cruise
4:00 p.m. - 5:00 p.m. - Corn Toss
*5:00 p.m. - 7:00 p.m. - Sunset on the May Cruise
*5:00 p.m. - 6:00 p.m. - Zumba

FRIDAY, APRIL MAY 18

7:30 a.m. - 8:30 a.m. - Spinning
9:00 a.m. - 10:00 a.m. - Spinning
*10:00 a.m. - 12:00 p.m. - May River Kayak Tour
*10:00 a.m. - 3:00 p.m. - Hilton Head Island Water Shuttle
11:00 a.m. - 12:00 p.m. - Circuit Training
*11:00 a.m. - 11:45 a.m. - Palmetto Bluff Water Trail Cruise
*1:00 p.m. - 5:00 p.m. - Daufuskie Island History & Artisans Tour
*1:30 p.m. - 3:00 p.m. - May River Motor Yacht Cruise
2:00 p.m. - 2:30 p.m. - Biking the Bluff
4:00 p.m. - 6:00 p.m. - Porching
*6:00 p.m. - 10:00 p.m. - Tennis "Blender"
*6:00 p.m. - 10:00 p.m. - MTYM Wine Dinner Series

SATURDAY, MAY 19

9:00 a.m. - 10:00 a.m. - Yoga Fusion
*9:00 a.m. - 1:00 p.m. - Daufuskie Island History & Artisans Tour
*9:00 a.m. - 10:00 a.m. - Junior Tennis Clinic
*10:00 a.m. - 11:00 a.m. - Adult Tennis Clinic
*10:00 a.m. - 3:00 p.m. - Hilton Head Island Water Shuttle
*10:00 a.m. - 12:00 p.m. - May River Kayak Tour
*11:00 a.m. - 11:45 a.m. - Palmetto Bluff Water Trail Cruise
11:00 a.m. - 4:00 p.m. - Paddlefest
*1:30 p.m. - 3:00 p.m. - May River Motor Yacht Cruise
2:00 p.m. - 2:30 p.m. - BINGO
4:00 p.m. - 6:00 p.m. - Porching
*5:00 p.m. - 7:00 p.m. - Sunset on the May Cruise

SUNDAY, MAY 20

9:00 a.m. - 10:00 a.m. - Yoga
*9:00 a.m. - 1:00 p.m. - "The Outback"
*10:00 a.m. - 3:00 p.m. - Hilton Head Island Water Shuttle
*11:30 a.m. - 1:00 p.m. - Mimosa's on the May
*11:00 a.m. - 11:45 a.m. - Palmetto Bluff Water Trail Cruise
*2:00 p.m. - 4:00 p.m. - May River Kayak Tour
*2:00 p.m. - 4:00 p.m. - Dolphin Eco Tour

Daily Offerings

Please visit our Concierge, Recreation, Wilson Landing Harbourmaster or Outside Palmetto Bluff to experience a variety of other custom activities we can create for you.

Charter Fishing and custom designed private charters available by reservation. Please contact Outside Palmetto Bluff 843.706.2478.

Trail rides, pony rides, paint the pony and lessons available by appointment at Longfield Stables. 843.706.9559

S'mores nightly at the River House fire pits beginning at 7:00 p.m. S'mores kits available at the Front Desk.

** Please see the reverse for program explanations, pricing, and reservation requirements. **

***Hilton Head Water Shuttle** - Ride in complete comfort onboard the *Marion* to Harbour Town, a popular shopping/restaurant destination on Hilton Head Island. Our shuttle departs Palmetto Bluff at 10:00 a.m. and will return for pick-up at 3:00 p.m. Reservations are required as limited space is available. Please contact Wilson Landing at least one hour prior to departure. 843.706.2757. \$25/Adults, \$10/Children. *Marion* departs from the Inn dock

***Palmetto Bluff Water Trail Cruise** - Cruise the internal waterway on *Miss Louisa*, our 6 passenger electric Duffy! Experience the abundant wildlife and rich history of Palmetto Bluff. Opportunities abound to see native birds and alligators. Space Limited. Please contact Wilson Landing at least one hour prior to departure. 843.706.2757. \$20/Adult, \$10/Children. *Miss Louisa* departs from the Harbourmaster Office at Wilson Landing.

***May River Motor Yacht Cruise** - Travel on Palmetto Bluff's historic flagship, *Grace* to view nature as her passengers did almost a 100 years ago. See unspoiled oysters beds that are still harvested today, majestic American Bald Eagles searching for their next meal or playful bottlenose dolphin looking for a good time. Come understand why ancient Indians over 10,000 years ago make the May River their home. Soft drinks provided. Please contact Wilson Landing 24 hours prior to departure, 843.706.2757. \$50/Adult, \$25/children. *Grace* departs from the Inn Dock.

***Sunset on the May Cruise** - While enjoying fine, hand selected wines on the deck of the *Grace*, experience a magical show of light and beauty as the sun sets over the Lowcountry. Adults only. Includes light hors d'oeuvre, beer, wine, soda, and water. Please contact Wilson Landing at least 24 hours prior to departure. 843.706.2757. \$80/Adult. *Grace* departs from the Inn Dock.

***Mimosa's on the May** - Join our Captain for a relaxing Sunday morning aboard our majestic motor yacht, *Grace*. Cruise along the May River sipping on mimosa's and enjoying delicious sweet breads & fruit of the Lowcountry. Please reserve by 10:00 PM on Saturday with either Concierge at 843.706.6515, Wilson Landing at 843.706.2757 or Front Desk at 843.706.6512. \$80/Adult, \$25/Children. *Grace* departs from the Inn Dock.

***May River Kayak Tour** - Become enveloped in the serene beauty of the Lowcountry saltmarsh estuaries with a close-up view from the seat of a kayak. No experience necessary for this laid-back tour. Limit to 12 people. Please reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$80/person. Meet at Wilson Landing. **Outside Palmetto Bluff guided tour.**

***Dolphin Eco Tour** - Enjoy a casual exploration of the picturesque May River in search of some of this area's most fascinating wildlife. Reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$110/person. Please meet at Wilson Landing. **Outside Palmetto Bluff guided tour.**

***May River Boat Cruise & Bluffton Tour** - Relaxing cruise along May River with a visit to the quaint and historic town of Bluffton. This excursion begins with a comfortable boat ride along the river and then stroll along Calhoun Street with eclectic shops, artisan, studios, and art galleries. Limit to 6 people. Please reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$120/person. Please meet at Wilson Landing. **Outside Palmetto Bluff guided tour.**

***The "Outback"** - Your captain will choose one of several interesting routes that offer beautiful views of the Lowcountry landscapes and an opportunity to observe the incredible variety of wildlife that makes this area home; dolphins, osprey, heron, bald eagle. You will then be comfortably fitted into a safe, and stable kayak for a pleasant kayak tour through remote tidal creeks. The scenery is breathtaking! Limit of 6 people. Please reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$145/person. Please meet at Wilson Landing. **Outside Palmetto Bluff guided tour.**

***Daufuskie Island History & Artisan Tour** - Explore the historic sites of the island by golf cart; regular stops may include the First Union African Baptist Church, Mary Fields School (described in Pat Conroy's novel *The Water is Wide*), the Bloody Point Lighthouse, Silver Dew Pottery, Iron Fish studio and distinctive art galleries. Limit to 6 people. Please reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$150 per person. Please meet at Wilson Landing. **Outside Palmetto Bluff guided tour.**

Paddlefest - Every hour on the hour a introductory clinic will begin and on the water demos will be available of all different types/designs of stand up paddleboards. Please note that each session begins promptly at top of the hour and participants must register prior to start time of each clinic. 11:00 a.m. - noon is for property owners only and everyone needs to arrive by 10:45 to participate in the 11:00 a.m. session. Noon - 4:00 p.m. opens to Inn guests and public. Please contact Outside Palmetto Bluff at 843.706.2478.

***Tennis Clinics** - Join Tennis Pro Warren Florence for an amazing tennis clinic. Reserve with Wilson Lawn & Racquet Club at 843.706.6635. Clinics start at \$30/person. Located behind RT's Market.

***Tennis "Blender"** - Come out to Wilson Lawn and Racquet for light fare, beer, wine, cookies, tennis, bocce and margaritas. \$15 per person. Please call the Pro Shop to sign up at 843.706.6635

Intro to Bocce - A 30 minute introduction to bocce a favorite Lowcountry pastime. Please meet at the Wilson Lawn & Racquet Club located behind RT's Market. Complimentary.

Intro to Kayaking - This 30 minute introduction or refresher course with Recreation will prepare you to navigate the internal waterways of Palmetto Bluff. Please meet at the Canoe Club dock. Complimentary.

Intro to Rowing - This 30 minute introduction will teach you the sport of rowing using our sliding seat row boats on the internal waterway. Please meet at the Canoe Club Dock. Complimentary

Biking the Bluff - Meet at Recreation for a 30 minute tour of the property to help familiarize yourself with Palmetto Bluff. Limit to 6 people. Bikes and trail maps are available at Recreation to bike on your own.

Poolside BINGO - Try your luck at B-I-N-G-O. Please meet at the Canoe Club Pool game deck to play a friendly game of BINGO. Complimentary

Yoga, Body Sculpt Pilates, and Spinning Classes - Meet at the Canoe Club Movement Studio for fun and fitness. Please arrive at least 5 minutes prior to class. Class size limited on a first come, first serve basis. Complimentary

Circuit Training - Meet at the Canoe Club Fitness Center for a one hour weight training and cardio workout. Please arrive 5 minutes prior to class. Class size limited on a first come, first serve basis. Complimentary

Zumba - Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout system that will blow you away. Space is limited and reservations are required. Please contact Andrew Edwards or Amy Conaway 843.706.660

Kids on the Green - Designed for kids that want to see the "behind the scenes" beautification of the golf course. Fun and the outdoors is the mainstay of Kids on the Green. Led by our Golf Course Superintendent and Recreation Staff, Kids on the Green demonstrates irrigation, equipment use & repair, environmental conservation, natural habitats, and much more. Complimentary.

MTYM Wine Dinner Series - "Cruise & Chefs Table Dinner". Cruise the water of the May River with dolphins frolicking alongside and a glass of wine in hand.....does it get any better? Indeed, it does. Saturday night our chefs will endeavor to pair the perfect meal with the wines of Walter Hansel all while you watch along from the comfort of your dining table. Please reserve with the Concierge at 843.706.6515.