

PALMETTO BLUFF

DISCOVERY: Weekly Activities for Exploring the Bluff



MONDAY, AUGUST 22

- 7:30 a.m. -8:30 a.m. - Spinning
- 9:00 a.m. -10:00 a.m. - Spinning
- *9:00 a.m. -11:00 a.m. - Kids on the Green
- *10:00 a.m. -12:00 p.m. - May River Kayak Tour
- 11:00 a.m. -2:00 p.m. - Pilates Body Sculpt
- *2:00 p.m. -4:00 p.m. - Dolphin Eco Tour
- 2:00 p.m.-3:00 p.m. - Bike vs. Wild
- 2:00 p.m.-2:30 p.m. - Intro to Bocce
- 4:00 p.m.- 4:30 p.m. - Intro to Kayaking

TUESDAY, AUGUST 23

- 9:00 a.m. -10:15 a.m. - Yoga
- *9:00 a.m. -1:00 p.m. - PB Explorers Camp
- *1:00 p.m. -4:00 p.m. - May River Boat Cruise & Bluffton Tour
- 2:00 p.m. -2:30 p.m. - Intro to Rowing

WEDNESDAY, AUGUST 24

- 7:30 a.m. -8:30 a.m. - Spinning
- 9:00 a.m. -10:00 a.m. - Spinning
- *9:00 a.m. -1:00 p.m. - PB Pioneers Camp
- *10:00 a.m. -12:00 p.m. - May River Kayak Tour
- *11:00 a.m. -11:45 a.m. - Miss Louisa Cruise
- *2:00 p.m. -4:00 p.m. - Dolphin Eco Tour
- 2:00 p.m. - 3:00 p.m. - Poolside Bingo
- *3:00 p.m. -4:00 p.m. - Intro to Croquet

Thursday, August 25

- *9:00 a.m. -1:00 p.m. - "The Outback"
- 9:00 a.m. -10:15 a.m. - Yoga
- *9:00 a.m. -1:00 p.m. - PB Explorers Camp
- *11:00 a.m. -11:45 a.m. - Miss Louisa Cruise
- *1:30 p.m. -3:00 p.m. - May River Scenic Cruise
- 2:00 p.m. -2:30 p.m. - Foosball Competition
- 4:00 p.m. -5:00 p.m. - Corn Toss
- *5:00 p.m. -7:00 p.m. - Wine Cruise

FRIDAY, AUGUST 26

- 7:30 a.m. - 8:30 a.m. - Spinning
- 9:00 a.m. -10:00 a.m. - Spinning
- *9:00 a.m. -1:00 p.m. - PB Pioneers Camp
- *10:00 a.m. -12:00 p.m. - May River Kayak Tour
- 11:00 a.m. -12:00 p.m. - Circuit Training
- *11:00 p.m. -11:45 a.m. - Miss Louisa Cruise
- *1:00 p.m. -5:00 p.m. - Daufuskie Island History & Artisans Tour
- *1:30 p.m. -3:00 p.m. - May River Scenic Cruise
- 2:00 p.m. -2:30 p.m. - Biking the Bluff
- 4:00 p.m. -6:00 p.m. - Porching

SATURDAY, AUGUST 27

- 9:00 a.m. -10:00 a.m. - Yoga Fusion
- *9:00 a.m. -1:00 p.m. - Daufuskie Island History & Artisans Tour
- *9:00 a.m. -1:00 p.m. - PB Explorers & PB Pioneers Camp
- *9:00 a.m. -10:00 a.m. - Junior Tennis Clinic
- *10:00 a.m. -11:00 a.m. - Adult Tennis Clinic
- *10:00 a.m. -12:00 p.m. - May River Kayak Tour
- *11:00 a.m. -11:45 a.m. - Miss Louisa Cruise
- *1:30 p.m. -3:00 p.m. - May River Scenic Cruise
- *3:00 p.m. -4:00 p.m. - Intro to Croquet
- 4:00 p.m. -6:00 p.m. - Porching
- *5:00 p.m. -7:00 p.m. - Wine Cruise
- *6:00 p.m. -9:00 p.m. - PB Just for Kids

SUNDAY, AUGUST 28

- 9:00 a.m. -10:00 a.m. - Yoga
- *9:00 a.m. -1:00 p.m. - "The Outback"
- *2:00 p.m. -4:00 p.m. - May River Kayak Tour
- *2:00 p.m. -4:00 p.m. - Dolphin Eco Tour

Daily Offerings

Harbour Town Water Taxi on the Marion departs at 10:00 a.m. Tuesday-Sunday with a return at 3:00 p.m. Reservations are required, please contact Wilson Landing 843.706.2757.

S'mores nightly at the River House fire pits beginning at 7:00 p.m. S'mores kits available at the Front Desk.

Trail Rides, Pony Rides, Paint the Pony and Lessons available by appointment at Longfield Stables. 843.706.9559

* Please see the reverse for program explanations, pricing, and reservation requirements. *

***Miss Louisa Cruise** - Cruise the internal waterway on *Miss Louisa*, our electric boat, while learning more about the abundant wildlife and rich history of Palmetto Bluff. Opportunities abound to see native birds and alligators. *Miss Louisa* departs from the Harbourmaster at Wilson Landing. \$15/person. Reserve with Wilson Landing at least 1 hour before the cruise. 843.706.2757.

***Wine Cruise**-Join us for an entertaining adults only cruise while enjoying some spectacular wines. Reserve with Wilson Landing 6 hours prior to the trip, 843.706.2757. \$75/person. 2 hour cruise.

***May River Scenic Cruise**- Wander up the May River past Buck Island, and the Bluffton Oyster Company, the last operating oyster factory in the Southeast. On our return, we swing by the salt marches of Palmetto Bluff and Potato Island all the while keeping an eye out for Bottlenose Dolphin. Reserve with Wilson Landing 4 hours prior to the trip, 843.706.2757. \$40/person 1.5 hour cruise.

***Daufuskie Island History & Artisan Tour** - Explore the historic sites of the island by golf cart; regular stops may include the First Union African Baptist Church, Mary Fields School (described in Pat Conroy's novel *The Water is Wide*), the Bloody Point Lighthouse, Silver Dew Pottery, Iron Fish studio and distinctive art galleries. Limit to 6 people. Reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$150 per person. **A Palmetto Bluff Outfitters guided tour.**

***Dolphin Eco Tour** - Depart from the Inn's dock for a casual exploration of the picturesque May River in search of some of this area's most fascinating wildlife. Limit to 6 people. Reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$110 per person. **A Palmetto Bluff Outfitters guided tour.**

***May River Kayak Tour** - Become enveloped in the serene beauty of the Lowcountry saltmarsh estuaries with a close-up view from the seat of a kayak. No experience necessary for this laid-back tour. Limit to 12 people. Reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$80per person. **A Palmetto Bluff Outfitters guided tour.**

***The "Outback"** - Your captain will choose one of several interesting routes that offer beautiful views of the Lowcountry landscapes and an opportunity to observe the incredible variety of wildlife that makes this area home; dolphins, osprey, heron, bald eagle. You will then be comfortably fitted into a safe, and stable kayak for a pleasant kayak tour through remote tidal creeks. The scenery is breathtaking! Limit of 6 people. Reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$145 per person. **A Palmetto Bluff Outfitters guided tour.**

***May River Boat Cruise & Bluffton Tour** - Relaxing cruise along May River with a visit to the quaint and historic town of Bluffton. This excursion begins with a comfortable boat ride along the river and then stroll along Calhoun Street with eclectic shops, artisan, studios, and art galleries. Limit to 6 people. Reserve with the Concierge at least 24 hours before the tour 843.706.6515. \$120 per person. **A Palmetto Bluff Outfitters guided tour.**

***Tennis Clinics** - Join Tennis Pro Warren Florence for an amazing tennis clinic. Reserve with Wilson Lawn & Racquet Club at 843.706.6635.

***Intro to Croquet**- An introduction to golf croquet. \$10/person. Reserve with Wilson Lawn & Racquet at 843.706.6635.

Intro to Bocce - A 30 minute introduction to bocce a favorite Lowcountry pastime. Please meet at the Wilson Lawn & Racquet Club.

***PB Explorers** - Children ages 5-9 years old meet at the Canoe Club Paddle House for a fun-filled day. \$50 Guest/\$45 Members. Reservations required by 5:00 p.m. by the day prior 843.706.6515.

***PB Pioneers** - Children ages 10-13 years old meet at the Canoe Club Paddle House for a fun-filled day. \$50 Guest/\$45 Members. Reservations required by 5:00 p.m. by the day prior 843.706.6515.

***PB Just for Kids** - Children ages 5-12 years old meet at the Conservancy Office for a Luau dinner party. \$50 Guest/\$45 Members. Reservations required by 5:00 p.m. Friday 843.706.6515.

Intro to Kayaking - This 30 minute introduction or refresher course with our Recreation Staff, will prepare you to navigate the internal waterways of Palmetto Bluff. Please meet at the Canoe Club dock. Ready for the next step? No problem, ask us about the May River Tour.

Intro to Kayaking - This 30 minute introduction, with the Recreation Staff will teach you the sport of rowing using our sliding seat row boats on the inland waterway. Please meet at the Canoe Club dock on the internal waterway.

Biking the Bluff - Meet at Recreation for a 30 minute tour of the property to help familiarize yourself with Palmetto Bluff. Limit to 6 people. Bikes and trail maps are available at Recreation to bike on your own.

Bike vs. Wild - Meet at Recreation for a one hour guided bike trip through the River Road Preserve.

Corn Toss - Similar to the Bean Bag Toss but with a twist. Come out to the Village Green and try your luck.

Foosball Competition - Meet at the Canoe Club Pool game deck to challenge your competitor for the title.

Poolside BINGO - Meet at the Canoe club game deck to try your luck at BINGO.

Yoga, Body Sculpt Pilates, Circuit Training, and Spinning Classes - Meet at the Canoe Club Movement Studio for fun and fitness. Please arrive at least 5 minutes prior to class. Class size limited on a first come, first serve basis.

Porching - In honor of the Southern front porch, join us on the River House screened porch for cocktails and camaraderie. Lemonade and Iced Tea are complimentary.

***Kids on the Green** - Designed for kids that want to see the "behind the scenes" beautification of the golf course. Led by the Golf Course Superintendent and Recreation Staff, this program demonstrated irrigation, equipment use & repair, environmental conservation, natural habitats, and more. Member/Guests ages 7-14 years old. Meet at the May River Golf Course Pro Shop and reserve with Recreation at 843.706.6608.